

THE SECRET OF SANCTITY

I am going to reveal to you a secret of sanctity of happiness. If every day during five, minutes, you will silence your imagination, close your eyes to things of sense, and your ears to, earthly sounds in order to enter into yourself and, there in the sanctuary of your baptized soul, which is the Temple of the Holy Ghost, speak to, this Divine Spirit saying:

O Holy Spirit, Soul of my soul, I adore You. Enlighten, guide, strengthen and console me; tell me what I should do; give me Your orders. I promise to be submissive in all that You desire of me and to accept all that You allow to happen to me. Grant only to me to know Your Will.

If you do this will pass your life happily, serene and consoled, even in the midst of pains, because grace will be in proportion to your trials giving you strength to bear them,. Thus you will arrive at the Gate of Heaven full of merit. This submission to the Holy Spirit is the secret of sanctity. (Cardinal Mercier)

Most Holy Spirit

Most Holy Spirit, Beloved of my soul, I adore You. Enlighten me, guide me, comfort me, console me. I promise to submit myself to all You desire of me, and permit all You wish to happen to me. Give me Your orders, tell me what to do. Most Holy Spirit, bring Peace to the world. Amen.

Pentecost Prayer

Spirit of Christ, stir me;
Spirit of Christ, move me;
Spirit of Christ, fill me;
Spirit of Christ, seal me.
Consecrate in me Your Heart and Will, O Heavenly Father.
Create in me a fountain of virtues.
Seal my soul as Your own, that Your reflection in me may be a light for all to see.
Amen.

Prayer for the Seven Gifts of the Holy Spirit

Christ Jesus, before ascending into heaven, You promised to send the Holy Spirit to Your apostles and disciples.
Grant that the same Spirit may perfect in our lives the work of Your grace and love.
Grant us the Spirit of Fear Of The Lord that we may be filled with a loving reverence toward You.
the Spirit of Piety that we may find peace and fulfillment in the service of God while serving others;
the Spirit of Fortitude that we may bear our cross with You and, with courage, overcome the obstacles that interfere with our salvation;
the Spirit of Knowledge that we may know You and know ourselves and grow in holiness;
the Spirit of Understanding to enlighten our minds with the light of Your truth;
the Spirit of Counsel that we may choose the surest way of doing Your will, seeking first the Kingdom;
Grant us the Spirit of Wisdom that we may aspire to the things that last forever;
Teach us to be Your faithful disciples and animate us in every way with Your Spirit.
Amen.

Act of Consecration to the Holy Spirit

On my knees before the great multitude of heavenly witnesses, I offer myself, soul and body to You, Eternal Spirit of God. I adore the brightness of Your purity, the unerring keenness of Your justice, and the might of Your love. You are the Strength and Light of my soul. In You I live and move and am. I desire never to grieve You by unfaithfulness to grace and I pray with all my heart to be kept from the smallest sin against You. Mercifully guard my every thought and grant that I may always watch for Your light, and listen to Your voice and follow Your gracious inspirations. I cling to You and give myself to You and ask You by Your compassion to watch over me in my weakness. Holding the pierced Feet of Jesus and looking at His Five Wounds and trusting in His Precious Blood and adoring His opened Side and stricken Heart I implore You, Adorable Spirit, Helper of my infirmity, so to keep me in Your grace that I may never sin against You. Give me grace O Holy Spirit, Spirit of the Father and the Son to say to You always and everywhere "Speak Lord for Your servant heareth." Amen.

Come, Holy Spirit

Come Holy Spirit, and fill the hearts of your faithful, and kindle in them the fire of Your Divine Love. Send forth Your Spirit and they shall be created, and You shall renew the face of the earth. Oh God, Who by the light of the Holy Spirit instructed the hearts of the faithful, Grant, that by the same Spirit we may be truly wise and ever rejoice in His consolation. We ask this through Christ Our Lord. Amen.

Prayer to the Holy Spirit

Breath into me Holy Spirit,
that my thoughts may all be holy.
Move in me, Holy Spirit,
that my work too, may be holy.
Attract my heart, Holy Spirit,
that I may love only what is holy.
Strengthen me, Holy Spirit,
that I may defend all that is holy.
Protect me, Holy Spirit,
that I always may be holy.

Prayer to the Holy Spirit

Come, Holy Spirit,
replace the tension within us with a holy relaxation.
Replace the turbulence within us with a sacred calm.
Replace the anxiety within us with a quiet confidence.
Replace the fear within us with a strong faith.
Replace the bitterness within us with the sweetness of grace.
Replace the darkness within us with a gentle light.
Replace the coldness within us with a loving warmth.
Replace the night within us with Your light.
Replace the winter within us with Your spring.
Straighten our crookedness.
Fill our emptiness.
Dull the edge of our pride.
Sharpen the edge of our humility.
Light the fires of our love.
Quench the flames of our lust.
Let us see ourselves as You see us,
that we may see You as You have promised,
And be fortunate according to Your word,
Blessed are the pure of heart,
for they shall see God. Amen.

Veni, Creator Spiritus

Creator Spirit all Divine,
come visit every soul of Thine.
And fill with Thy Celestial Flame
the hearts which Thou Thyself did frame.
O Gift of God, Thine is the Sweet
consoling name of Paraclete.
And spring of life and fire of love,
and unction flowing from above.
The mystic seven-fold gifts are Thine,
finger of God's Right Hand Divine.
The Father's Promise sent to teach,
the tongue a rich and heavenly speech.
Kindle with fire brought from above
each sense, and fill our hearts with love,
And grant our flesh so weak and frail,
the strength of Thine which cannot fail.
Drive far away our deadly foe,
and grant us Thy true peace to know,
So we, led by Thy Guidance still,
may safely pass through every ill.
To us, through Thee, the grace be shown,
To know the father and the Son,
And Spirit of Them Both, may we
forever rest our Faith in Thee.
To Sire and Son be praises meet,
and to the Holy Paraclete.
And may Christ send us from above,
that Holy Spirit's gift of love. AMEN.

Novena to the Holy Spirit

ACT OF CONSECRATION TO THE HOLY SPIRIT

On my knees before the great multitude of heavenly witnesses I offer myself, soul and body, to You, Eternal Spirit of God. I adore the brightness of Your purity, the unerring keenness of Your justice and the might of Your love. You are the Strength and Light of my soul. In You I live and move and am. I desire never to grieve You by unfaithfulness to grace and I pray with all my heart to be kept from the smallest sin against You. Mercifully guard my every thought and grant that I may always watch for Your light and listen to Your voice and follow Your gracious inspirations. I cling to You and give myself to You and ask You by Your compassion to watch over me in my weakness. Holding the pierced Feet of Jesus and looking at His Five Wounds and trusting in His Precious Blood and adoring his opened Side and stricken Heart, I implore You, Adorable Spirit, Helper of my infirmity, so to keep me in Your grace that I may never sin against You. Give me grace, O Holy Ghost, Spirit of the Father and the Son to say to You always and everywhere, "Speak, Lord, for Your servant heareth."
Amen

Invocation to the Holy Spirit

Come, Holy Spirit,
come by means of the powerful intercession
of the Immaculate Heart of Mary,
Your well-beloved spouse.
Come, Holy Spirit,
come by means of the powerful intercession
of the Immaculate Heart of Mary,
Your well-beloved spouse.
Come, Holy Spirit,
come by means of the powerful intercession
of the Immaculate Heart of Mary,
Your well-beloved spouse.

Outpouring of Spirit

Holy Spirit,

we ask for an outpouring of your graces, blessings and gifts,

upon those who do not believe, that they may believe;

Upon those who are doubtful or confused, that they may understand;

Upon those who are lukewarm or indifferent, that they may be transformed;

Upon those who are constantly living in the state of sin, that they may be converted;

Upon those who are weak, that they may be strengthened;

Upon those who are holy, that they may persevere.

Amen.

Come, Holy Spirit, Come

Come, Holy Spirit, come,
and from your celestial home
shed a ray of light divine.

Come, Father of the poor,

Come, source of all our store.

Come, within our bosoms shine.

You, of comforters best;

You the soul's most welcome guest.

Sweet refreshment here below.

In our labor, rest most sweet;

Grateful coolness in the heat;

Solace in the midst of woe.

O most Blessed Light Divine,
shine within these hearts of thine,
and our inmost being fill.

Where you are not, man has naught.

Nothing good in deed or thought

Nothing free from taint of ill.

Heal our wounds, our strength renew;

On our dryness pour your dew;

Wash the stains of guilt away.

Bend the stubborn heart and will.

Melt the frozen, warm the chill.

Guide the steps that go astray.

On the faithful, who adore.

And confess you, evermore.

In Your sev'nfold gift descend.

Give us virtue's sure reward.

Give us your salvation, Lord.

Give us joys that never end. Amen. Alleluia.

Litany of the Holy Spirit

(For private use only)

Lord, have mercy on us.

Christ, have mercy on us.

Lord, have mercy on us.

Father all-powerful, have mercy on us.

Jesus, Eternal Son of the Father, Redeemer of the world, save us.

Spirit of the Father and the Son, boundless life of both, sanctify us.

Holy Trinity, hear us.

Holy Spirit, Who proceedest from the Father and the Son, enter our hearts.

Holy Spirit, Who art equal to the Father and the Son, enter our hearts.

Promise of God the Father, have mercy on us.

Ray of heavenly light, have mercy on us.

Author of all good, [etc.]

Source of heavenly water

Consuming fire

Ardent charity

Spiritual unction

Spirit of love and truth

Spirit of wisdom and understanding

Spirit of counsel and fortitude

Spirit of knowledge and piety

Spirit of the fear of the Lord

Spirit of grace and prayer

Spirit of peace and meekness

Spirit of modesty and innocence

Holy Spirit, the Comforter

Holy Spirit, the Sanctifier

Holy Spirit, Who governest the Church

Gift of God, the Most High

Spirit Who fillest the universe

Spirit of the adoption of the children of God

Holy Spirit, inspire us with horror of sin.

Holy Spirit, come and renew the face of the earth.

Holy Spirit, shed Thy light in our souls.

Holy Spirit, engrave Thy law in our hearts.

Holy Spirit, inflame us with the flame of Thy love.

Holy Spirit, open to us the treasures of Thy graces.

Holy Spirit, teach us to pray well.

Holy Spirit, enlighten us with Thy heavenly inspirations.

Holy Spirit, lead us in the way of salvation.

Holy Spirit, grant us the only necessary knowledge.

Holy Spirit, inspire in us the practice of good.

Holy Spirit, grant us the merits of all virtues.

Holy Spirit, make us persevere in justice.

Holy Spirit, be Thou our everlasting reward.

Lamb of God, Who takest away the sins of the world, Send us Thy Holy Spirit.

Lamb of God, Who takest away the sins of the world, pour down into our souls the gifts of the Holy Spirit.

Lamb of God, Who takest away the sins of the world, grant us the Spirit of wisdom and piety.

V. Come, Holy Spirit! Fill the hearts of Thy faithful,

R. And enkindle in them the fire of Thy love.

Let us pray.

Grant, O merciful Father, that Thy Divine Spirit may enlighten, inflame and purify us, that He may penetrate us with His heavenly dew and make us fruitful in good works, through Our Lord Jesus Christ, Thy Son, Who with Thee, in the unity of the same Spirit, liveth and reigneth, one God, forever and ever. R. Amen.